

Houtkapper Trail Run 2022 Results

27KM

Position	Race Number	First Name	Last Name	Gender	Age Category	Club Name	Race Time
1	15	LLOYD	BOSMAN	male	Open	Nedbank Running Club SWD	02:07:46
2	38	Christiaan	Greyling	male	Open	Temp	02:24:21
3	32	Kevin	Evans	male	40-49	Temp	02:27:43
4	102	Johnny	Wolf	male	Open	Temp	02:33:12
5	37	Landie	Greyling	female	Open	Maties	02:41:41
6	58	Petrus	Maree	male	40-49	Temp	02:43:31
7	44	Nadia	Jooste	female	Open	Temp	02:48:18
8	52	Gwyn	Lewis	male	Open	Temp	02:49:57
9	106	Duncan	Rennie	male	Open	Knysna	02:50:23
10	95	Tyrone	Van Rooyen	male	40-49	Temp	02:53:38
11	53	Ian	Lindsey	male	Open	Temp	02:55:46
12	21	Pieter	Conradie	male	Open	Temp	02:56:58
13	9	Sveta	Becker	female	Open	Temp	02:59:18
14	42	Johann	Joubert	male	Open	Temp	03:02:04
15	65	Gregory	Nicolson	male	40-49	Temp	03:02:55
16	78	Rory	Sandberg	male	Open	Temp	03:03:53
17	8	Richard	Ayres	male	50-59	Harfield Harriers	03:04:10
18	47	Ryan	Kidwell	male	40-49	Temp	03:04:57
19	81	Kyle	Smith	male	40-49	Temp	03:05:44
20	36	Gavin	Gresse	male	40-49	Temp	03:11:44
21	73	Philip	Pieterse	male	40-49	Temp	03:13:55
22	61	Henri	Meyer	male	50-59	Temp	03:17:17
23	87	Jo	Tanner	female	40-49	Temp	03:18:25
24	71	Lisa	Pennell	female	40-49	Temp	03:18:41
25	27	Andre	Du Preez	male	50-59	Nedbank Running Club SWD	03:22:24

26	12	Mike	Biesheuvel	male	60-69	Temp	03:23:28
27	31	Petra	Eastaugh	female	Open	Temp	03:26:59
28	86	Elbie	Swanepoel	female	Open	Temp	03:28:09
29	84	Herman	Stander	male	40-49	Temp	03:30:49
30	46	Petrus	Keeve	male	Open	Temp	03:31:58
31	63	Johannes Izak	Minnaar	male	Open	Temp	03:31:58
32	55	Christel	Malek	female	40-49	Temp	03:33:57
33	100	Jacques	Williams	male	40-49	Temp	03:34:44
34	10	Sean	Belman	male	Open	Temp	03:35:04
35	77	Jennifer	Reynolds	female	40-49	Temp	03:35:06
36	62	Elme	Middlemost	female	40-49	Brackenfell AC	03:36:20
37	57	Lilian	Maree	female	40-49	Temp	03:36:31
38	92	Lourens	Van Der Schoor	male	Open	Temp	03:38:13
39	7	Toni-Maree	Arnold	female	50-59	Temp	03:38:23
40	89	Robyn	Taylor	female	Open	Temp	03:38:23
41	11	Izelke	Benecke	female	Open	Temp	03:39:39
42	13	Lynn	Biesheuvel	female	50-59	Rand Athletic Club	03:42:53
43	28	Bennie	Du Toit	male	40-49	Boxers WPA	03:42:56
44	34	Annique	Ganzevoort	female	Open	Temp	03:45:03
45	66	Riaan	Nieuwoudt	male	50-59	Temp	03:47:45
46	98	Truter	Willemse	male	50-59	Temp	03:51:25
47	85	Claire	Starkey	female	40-49	Temp	03:53:38
48	26	Armandt	Du Plessis	male	Open	Temp	03:55:17
49	25	Jessica	Devine	female	Open	Temp	03:55:20
50	33	Calvin	Forbes	male	40-49	Temp	04:00:25
51	97	Joan	Van Wyngaard	female	40-49	Nedbank Running Club SWD	04:04:54
52	80	Matty	Smith	female	40-49	Temp	04:07:11
53	23	Zelda	Delpport	female	40-49	Temp	04:07:12
54	59	Matthew	Matthee	male	Open	Temp	04:12:21
55	50	Ronald	Lagerwall	male	60-69	Magnolia Road Runners	04:14:27

56	51	Charl	Le Roux	male	40-49	Temp	04:14:42
57	74	Elrika	Pieterse	female	40-49	Temp	04:29:12
58	30	Desiree	du Trevou	female	Open	Temp	04:29:58
59	29	Sheldon	du Trevou	male	40-49	Temp	04:29:59
60	67	Ngwanathole	Nong	female	Open	Beaufort West Runners	04:30:20
61	43	Anthony	Jacobs	male	50-59	Temp	04:33:06
62	103	Bernard	Zaayman	male	40-49	Temp	04:33:41
63	104	Riana	Zander	female	40-49	Temp	04:34:09
64	94	Chriselle	van Lill	female	Open	Nedbank Running Club SWD	04:38:04
65	75	Christopher	Potterton	male	40-49	Temp	04:45:19
66	22	GUY	DE WIEUW	male	50-59	Temp	04:45:19
67	6	Elri	Agenbag	female	Open	Temp	04:46:45
68	101	Sarah	Wilton	female	Open	Temp	04:46:45
69	68	sinalo	nongauza	female	Open	Albany Runners	04:51:31
70	70	Pamela	Paton	female	50-59	Temp	04:51:45
71	88	Moses	Tau	male	Open	Temp	05:07:42
72	18	Rodney	Butters	male	60-69	Born 2 run	05:09:52
73	14	Zéta	Booyesen	female	50-59	Fish Hoek AC	05:14:16
74	35	Godfrey	Goslett	male	60-69	Temp	05:24:33
75	41	Peter	Hill	male	70+	Temp	05:24:34
76	105	Clinton	Hill	male	Open	Temp	05:24:34
77	40	Jacqueline	Hendry	female	Open	Temp	05:27:27

15KM

Position	Race Number	First Name	Last Name	Gender	Age Category	Club Name	Race Time
1	308	Zane	Schmahl	male	Open	Temp	01:27:21
2	234	Lien	Erasmus	female	Open	Temp	01:27:52
3	212	Daniel	Buitendag	male	Open	Temp	01:28:04
4	267	David James	Little	male	40-49	Temp	01:28:06

5	258	Hanno	Koegelenberg	male	Open	Temp	01:30:43
6	333	Georg	Terreblanche	male	Open	Temp	01:31:16
7	303	Alessandro	Scalco	male	Open	Temp	01:32:17
8	289	Caleb	Olivier	male	Junior	Temp	01:35:49
9	244	Michael	Green	male	Open	Temp	01:36:04
10	351	Armand	Van Zyl	male	Open	Impala Marathon Club	01:37:39
11	330	Kalinka	Terre Blanche	female	Open	Temp	01:38:00
12	365	mauritz	wentzel	male	50-59	Temp	01:38:11
13	358	Alda	Vermeulen	female	40-49	Temp	01:38:37
14	331	Hennie	Terre Blanche	male	Open	Temp	01:39:37
15	271	Eugene	Marais	male	40-49	Cape Multisport Club Eden	01:40:03
16	344	Renscha	van Heerden	female	Open	Temp	01:40:24
17	281	Louis	Muller	male	Open	Temp	01:40:26
18	319	Danielle	Smith	female	Open	Temp	01:41:14
19	215	mark	conyers	male	40-49	Temp	01:42:59
20	345	Gerhard	Van Niekerk	male	Open	Temp	01:44:13
21	239	Tania	Fourie	female	40-49	Temp	01:44:13
22	250	Danien	Heathcote	female	Open	Temp	01:44:31
23	309	Willem Gert	Schoeman	male	Open	Temp	01:45:07
24	352	Ernst	Van Zyl	male	50-59	Nedbank Running Club SWD	01:45:48
25	332	Wilma	Terreblanche	female	Open	Temp	01:46:26
26	277	Lize	Minnaar	female	Open	Temp	01:46:26
27	320	Jonathan	Smith	male	Open	Temp	01:46:53
28	251	Linda	Hegerty	female	40-49	Temp	01:47:19
29	200	Simon	Allpass	male	Open	Temp	01:47:21
30	270	Corlia	Malan	female	40-49	Temp	01:47:23
31	318	Martin	Smit	male	40-49	Temp	01:47:36
32	233	Monique	Elliot-Wilson	female	Open	Temp	01:48:13
33	337	Ron	van den Berg	male	Open	Temp	01:48:28
34	228	WYNAND	DU PREEZ	male	40-49	Temp	01:48:35

35	227	Anton	Du Preez	male	40-49	Temp	01:48:45
36	364	Janine	Ward Able	female	40-49	Temp	01:50:15
37	220	Sannette	De waal	female	40-49	Nedbank Running Club - WP	01:52:20
38	335	Lauren-Leigh	Tunstall	female	Open	Temp	01:53:21
39	206	Gerhard	Bekker	male	Open	Temp	01:53:37
40	366	Inge	Williamson	female	Open	Profiles Running Club	01:54:33
41	307	Carl	Schmahl	male	Open	Temp	01:57:32
42	245	Melaina	Gross	female	40-49	32Gi SWD	01:57:34
43	259	Pierre	Kok	male	50-59	Temp	01:57:37
44	231	Jacqui	Durrant	female	40-49	Temp	01:57:57
45	306	Charlene	Scheepers	female	Open	Temp	01:57:59
46	230	Natasja	Dumbleton	female	50-59	Nedbank Running Club SWD	01:58:14
47	274	Janet	Michaelides	female	40-49	Temp	01:59:32
48	238	Sue	Firth	female	40-49	Temp	02:00:16
49	321	Lourens	Snyders	male	Open	Temp	02:01:06
50	240	Thys	Fourie	male	50-59	Alpha Centurion Runners and W	02:02:05
51	247	Strafford	Harris	male	Open	Temp	02:02:28
52	263	Natasha	le Roux	female	40-49	Temp	02:02:43
53	291	Michael	Petterson	male	60-69	Temp	02:02:57
54	312	Charlotte	Schreve	female	50-59	Temp	02:03:14
55	326	Anneke	Steyn	female	40-49	Temp	02:03:36
56	242	Michelle	Fraser	female	40-49	Temp	02:03:37
57	282	Keri-Ann	Nash	female	40-49	Temp	02:04:45
58	269	Eben	Lotter	male	60-69	Temp	02:04:59
59	235	Robyn	Ferguson	female	Open	Temp	02:05:52
60	262	Taryn	Landman	female	40-49	Temp	02:06:18
61	373	Nick	Steyn	male	Open	Temp	02:06:39
62	374	Nina	Steyn	female	Open	Temp	02:06:40
63	293	John	Powell	male	Open	Temp	02:08:43
64	205	Hope	Becker	female	50-59	Cape Multi Sport Club	02:09:01

65	287	Tania	Noble	female	40-49	Nedbank Running Club SWD	02:09:02
66	296	Jowita	Prusiewicz	female	40-49	Temp	02:09:42
67	219	Marizanne	De Villiers	female	Open	Temp	02:09:43
68	252	Brad	Herbst	male	40-49	Temp	02:09:46
69	341	Chris	van der Walt	male	40-49	Temp	02:10:10
70	322	Christopher	Spark	male	50-59	Temp	02:10:42
71	264	Pieter	le Roux	male	50-59	Temp	02:10:43
72	256	Egbert	Klapwijk	male	50-59	Temp	02:11:07
73	255	Wouter	Klapwijk	male	50-59	Temp	02:11:08
74	213	Theo	Burgers	male	50-59	Team Vitality Running Club	02:11:21
75	243	Michales	Georgiou	male	40-49	Temp	02:11:41
76	361	Willi	von Borstel	male	50-59	Temp	02:12:14
77	362	Johanna	von Borstel	female	50-59	Temp	02:12:15
78	232	John	Eccles	male	70+	Hangklip AC	02:12:40
79	314	Philippa	Skowno	female	40-49	Harfield Harriers	02:14:50
80	368	Peter	Wood	male	50-59	Temp	02:15:22
81	276	Janelle	Miller	female	50-59	Temp	02:15:54
82	275	Mark	Miller	male	50-59	Temp	02:15:55
83	357	Lizelle	Venter	female	40-49	Temp	02:16:34
84	324	Ernest	Steinberg	male	Open	Temp	02:16:54
85	323	Paula	Steinberg	female	Open	Temp	02:16:56
86	216	Adam	Cordy	male	Open	Temp	02:16:58
87	211	cornelia	brink	female	Open	Temp	02:16:59
88	363	Henriëtte	Wannenburg	female	Open	Temp	02:17:00
89	207	Michiel	Bester	male	Open	Temp	02:17:00
90	372	Rufus	Dercksen	male	Open	Temp	02:17:01
91	313	Elna	Schwartz	female	60-69	Nedbank Running Club SWD	02:17:02
92	369	Heather	Wood	female	50-59	Temp	02:17:08
93	336	Anton	Uys	male	60-69	Temp	02:17:52
94	371	Karyn	Woolley	female	40-49	Temp	02:17:54

95	226	Sacha	Du Plessis	female	Open	Temp	02:17:56
96	224	Estee	Dreyer	female	Open	Nedbank Running Club SWD	02:17:58
97	292	Rene	Piet	male	50-59	Temp	02:18:00
98	339	Rina	van der Merwe	female	50-59	Belville AC	02:18:28
99	286	Mpumelelo	Ngalo	male	Open	Temp	02:18:30
100	370	Brandon	Woolley	male	40-49	Temp	02:18:32
101	210	Andrew	Boulle	male	50-59	Temp	02:18:47
102	316	Andre	Slabbert	male	40-49	Temp	02:22:17
103	315	Jacolene	Slabbert	female	40-49	Vodashop Runners	02:22:18
104	355	Rene'	Vd Westhuizen	female	40-49	Vodashop Runners	02:22:19
105	283	Wikus	Naude	male	60-69	Langebaan Strandlopers	02:22:26
106	356	Dolf	Vd Westhuizen	male	40-49	Vodashop Runners	02:25:02
107	279	Hans-Willem	Moolman	male	Open	Temp	02:25:05
108	218	Jeanine	De Ridder	female	Open	Temp	02:25:07
109	353	Mariana	Van Zyl	female	50-59	Nedbank Running Club SWD	02:25:10
110	253	Mildred	Janse van Rensbur	female	50-59	Temp	02:27:49
111	317	Lizzy	Smit	female	Open	Temp	02:29:29
112	342	Elise	Van der Westhuys	female	40-49	Temp	02:29:30
113	298	Amanda	Ramsden	female	50-59	Temp	02:30:56
114	340	Ciska	Van Der Schoor	female	Open	Temp	02:31:56
115	223	Laurel	Doman	female	Open	Temp	02:31:57
116	246	clinton	halsey	male	40-49	Team Vitality Running Club	02:31:59
117	217	Judith	Davidse	female	40-49	Pinelands AC	02:33:32
118	249	Sean	Harris	male	50-59	Pinelands AC	02:33:34
119	248	Lee-ann	Harris	female	50-59	Pinelands AC	02:33:38
120	301	Delyse	Rist	female	60-69	Pinelands AC	02:33:39
121	278	Marietha	Moolman	female	50-59	Temp	02:34:56
122	302	Sandy	Rubin	female	40-49	Temp	02:36:08
123	201	MARYKA	ANNANDALE	female	Open	Temp	02:36:33
124	273	Dinelle	Meiring	female	Open	Temp	02:39:07

125	299	Petra	Riggs	female	60-69	Brackenfell AC	02:39:07
126	288	Sam	Olivier	female	40-49	Temp	02:39:19
127	209	Tania	Botes	female	40-49	Temp	02:41:01
128	305	Johan	Scheepers	male	50-59	Temp	02:41:13
129	204	Yolande	Barnard	female	40-49	Temp	02:41:49
130	265	Sandra	Lennox	female	50-59	Temp	02:41:49
131	290	Juanita	Olivier	female	50-59	Temp	02:41:50
132	268	Anene	Lombard	female	40-49	Temp	02:41:50
133	359	Adele	Verwey	female	40-49	Belville AC	02:44:40
134	294	Susan	Pretorius	female	60-69	Temp	02:44:42
135	295	Suzette	Pretorius	female	40-49	Temp	02:44:43
136	343	Sonica	Van Heerden	female	40-49	Temp	02:45:16
137	266	Melissa	Lingenfelder	female	Open	Temp	02:45:17
138	284	Annelise	Naude	female	50-59	Nedbank Running Club SWD	02:48:07
139	285	Petro	nel	female	60-69	Hartenbos Drawwers	02:48:28
140	367	Rudi	Witteveen	male	50-59	Vodashop Runners	02:48:30
141	304	Molene	Scheepers	female	50-59	Temp	02:53:51
142	203	Liz	Bain	female	40-49	Temp	02:55:10
143	347	Lucia	van Rooyen	female	40-49	Sasol Marathon Club	02:55:51
144	346	Rynhardt	van Rooyen	male	70+	Sasol Marathon Club	02:55:52
145	202	Anthony	Avenant	male	40-49	Langeberg Athletics Club	03:01:28
146	311	Inge	Schreve	female	50-59	Temp	03:01:29

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Position	Race Number	First Name	Last Name	Gender	Age Category	Club Name	Race Time
1	622	Gustav	Schutte	male	Junior	Temp	00:48:14
2	597	Hannes	Mostert	male	Open	Temp	00:50:12
3	629	Frederick	Uys	male	Open	Nedbank Running Club SWD	00:54:49
4	621	Christoph	Schutte	male	Junior	Temp	00:55:40

5	531	Ronel	De Bruyn	female	40-49	Temp	00:57:37
6	627	Frances	Terreblanche	female	Open	Temp	01:01:05
7	516	Nicole	Coetzee	female	Open	Temp	01:01:20
8	601	zithulele	nqayi	male	50-59	Knysna Marathon Club	01:04:49
9	532	Michaela	Deglon	female	Open	Temp	01:05:14
10	626	Christo	Terreblanche	male	Open	Temp	01:06:15
11	609	Jannes	Reddig	male	Open	Temp	01:06:51
13	588	Amelia	Manning	female	Junior	Temp	01:07:39
14	568	Altus	Kapp	male	Open	Temp	01:07:40
15	637	Charl	Van zyl	male	Open	Temp	01:07:45
16	533	Vicci	Deverneuil	female	40-49	Temp	01:08:17
17	599	Marilize	Nel	female	Open	Temp	01:08:22
18	598	Ilse	Nel	female	40-49	Temp	01:08:22
19	560	Gary	Hulbert	male	50-59	Temp	01:08:59
20	561	Rozanne	Hulbert	female	50-59	Temp	01:08:59
21	653	Sonja	Oelofse	female	Open	Temp	01:09:07
22	580	Joan	Lombaard	female	50-59	Temp	01:09:32
23	529	Tenielle	De Andrade	female	Open	32Gi	01:10:01
24	551	Robynne	Glasser	female	Open	Temp	01:10:25
25	550	Zac	Glasser	male	Open	Temp	01:10:27
26	527	Jeff	Davenport	male	Open	Temp	01:10:28
27	640	Martin	Venter	male	50-59	Temp	01:11:00
28	638	Marile	Veitch	female	Open	Nedbank Running Club - WP	01:11:09
29	639	Morne	Veitch	male	Open	Nedbank Running Club - WP	01:11:10
30	523	Laura	Da Costa	female	Open	Temp	01:11:20
31	645	Joy	Wansleebe	female	Open	Temp	01:11:30
32	642	Diedre	Viljoen	female	60-69	Sedgefield Striders	01:11:52
33	584	Courtney	Loxton	female	Open	Temp	01:12:14
34	586	Martina	Manning	female	50-59	Temp	01:12:14
35	587	Ross	Manning	male	50-59	Temp	01:12:18

37	566	Christo	Joubert	male	Open	Temp	01:12:39
38	553	Carmen	Gouws	female	Open	Temp	01:12:41
39	539	Leatitia	Du Toit	female	50-59	Nedbank Running Club SWD	01:12:59
40	613	Carmen	Schmahl	female	Open	Temp	01:13:00
41	507	Monica	Botha	female	50-59	Temp	01:13:29
42	517	adele	conyers	female	40-49	Temp	01:13:30
43	582	Nelia	Louw	female	Open	Temp	01:13:41
44	567	Louisa	Kapp	female	Open	Temp	01:14:02
45	538	Francois	Du Toit	male	40-49	Temp	01:15:24
46	500	Maranda	Avontuur	female	60-69	Nedbank Running Club SWD	01:15:37
47	503	Janine	Bewsey	female	50-59	Temp	01:16:28
48	555	Judi	Graser	female	40-49	Temp	01:16:36
49	606	Johmandie	Pienaar	female	Open	Temp	01:17:53
50	554	Michael	Graser	male	40-49	Temp	01:18:09
51	607	Janine	Pretorius	female	50-59	Temp	01:18:20
52	641	John	Vermeulen	male	60-69	Jacaranda AC	01:18:49
53	511	Linda	Calore	female	50-59	Jacaranda AC	01:18:50
54	596	Carien	Mostert	female	Junior	Temp	01:19:06
55	526	Jade	Das Fontes	female	Open	Temp	01:19:32
56	514	Darren	Clarke	male	50-59	Temp	01:19:40
57	651	Michelle	Winter	female	Open	Temp	01:20:04
58	647	Bronwyn	Whitticom	female	Open	West Coast AC	01:20:45
59	615	Nichola	Schreuder	female	40-49	Temp	01:20:46
60	513	Nikki	Clarke	female	40-49	Temp	01:20:49
61	512	Kim	Charlton	female	40-49	Temp	01:21:28
62	635	Madeleen	van Zuydam	female	Open	Temp	01:21:30
63	644	Marlize	Vorster	female	Open	ASWD	01:22:04
64	583	Brayden	Loxton	male	Open	Temp	01:23:00
65	646	Paige	Welgemoed	female	Open	Temp	01:23:01
66	650	Sheila	Winter	female	60-69	Temp	01:23:39

67	577	Lynne	Lee	female	50-59	Temp	01:24:05
68	630	Heloise	Uys	female	Open	Nedbank Running Club SWD	01:24:29
69	649	Kevin	Winter	male	60-69	Temp	01:24:57
71	556	Annique	Greeff	female	Open	Temp	01:25:07
72	558	Alex	Hovy	male	Open	Temp	01:26:23
73	504	Richard	Bewsey	male	50-59	Temp	01:26:23
74	591	Marius	Marais	male	50-59	Temp	01:26:53
76	537	Kathleen	du Preez	female	50-59	Nedbank Running Club SWD	01:27:23
80	520	Gordon	Cook	male	50-59	Temp	01:28:37
81	521	Rebecca	Cook	female	Junior	Temp	01:28:38
82	648	Tharene	Willemsw	female	40-49	Temp	01:29:15
83	593	Das	Meyer	female	60-69	Temp	01:29:17
84	548	Catherine	Finn	female	Open	Temp	01:29:19
85	505	Michael	Boffa	male	Open	Temp	01:29:20
86	535	Dawie	du Plessis	male	Open	Temp	01:30:03
87	536	Anzelle	du Plessis	female	40-49	Temp	01:30:04
89	530	Arla	De Beer	female	60-69	Temp	01:31:13
91	565	Sandra	Joubert	female	40-49	Brackenfell AC	01:31:18
92	557	Alan	Hearn	male	Open	Temp	01:31:37
93	616	marelize	schuld	female	50-59	Temp	01:31:55
94	617	ludwich karl	schuld	male	60-69	Temp	01:31:56
96	510	Jared	Burchell	male	Open	Temp	01:33:46
97	611	Sébastien	Rombi	male	40-49	Temp	01:34:04
98	619	Karl	Schuld	male	Open	Temp	01:34:32
99	618	Nicole	Schuld	female	Open	Temp	01:34:34
100	564	Nadia	Joubert	female	Open	Temp	01:34:35
101	570	Nanda	Klapwijk	female	50-59	Temp	01:34:53
102	628	Ronel	Uys	female	60-69	Temp	01:35:00
104	508	Nicci	Brand	female	40-49	Temp	01:35:57
106	624	Ita	Stiglingh	female	60-69	Sedgefield Striders	01:36:15

107	574	Charlotte	Koekemoer	female	60-69	Temp	01:36:17
108	546	Renette	Ferreira	female	60-69	Temp	01:36:18
109	612	Matt	Rubin	male	40-49	Temp	01:37:08
110	608	Usawadee	Promsopa	female	40-49	Temp	01:37:10
111	552	Ashley	Goodway	female	Open	Temp	01:37:12
112	544	Cindy	Engelbrecht	female	Open	Temp	01:37:15
113	600	Sylvia	Nortje	female	50-59	Temp	01:37:16
114	559	Alexander	Hugo	male	50-59	Brackenfell AC	01:37:31
115	633	Anne	Van Greuning	female	40-49	Temp	01:37:34
117	604	Lorraine	Petterson	female	60-69	Temp	01:37:51
121	528	Chloe	Davenport	female	Open	Temp	01:38:54
122	590	Truda	Marais	female	50-59	Temp	01:38:58
123	524	Bernadette	da silva	female	40-49	Born 2 Run AC	01:39:30
128	623	Marlene	Stals	female	40-49	Temp	01:40:36
129	631	Chrismarie	van der Merwe	female	40-49	Temp	01:40:37
132	518	Joshua	Cook	male	Junior	Temp	01:43:52
133	519	Melanie	Cook	female	40-49	Temp	01:44:12
139	605	Joan	Pienaar	female	40-49	Temp	01:46:06
143	632	Alain	Van der Wath	female	40-49	Temp	01:47:16
144	585	Melissa	Lucas	female	Open	Temp	01:47:17
150	620	dina	schutte	female	50-59	Warriors Running Club	01:48:19
153	643	Alida	Viljoen	female	Open	Temp	01:48:37
154	581	Elfrieda	Loubser	female	40-49	Temp	01:48:41
156	501	Henk Jan	Bakker	male	50-59	Temp	01:49:06
158	562	Alfreda	Jacobs	female	40-49	Temp	01:51:05
159	610	Melisa	Roberts	female	40-49	32GI	01:51:06
162	502	Anna Susanna	Berry	female	50-59	Temp	01:53:31
165	579	Geraldine	Loftie-Eaton	female	70+	Nedbank Running Club SWD	01:56:11
166	563	Johanna	Jooste	female	70+	Nedbank Running Club SWD	01:56:12
167	522	Jo	Coutts	female	40-49	Temp	01:57:03

168	602	Claire	Parrish	female	40-49	Temp	01:57:05
169	625	Jacqui	Sutherland	female	40-49	Temp	01:57:07
178	575	Hermien	Lamprecht	female	40-49	OTHER	01:59:03
179	614	Karen	Schrenk	female	50-59	Langebaan Strandlopers	01:59:06
180	603	Marina	Pelser	female	40-49	NC SAPS Athletics Club	01:59:08
189	569	Ita	Klapwijk	female	50-59	Temp	02:03:17
190	572	Nadia	Klapwijk	female	Junior	Temp	02:03:18
191	571	Ilse	Klapwijk	female	40-49	Temp	02:03:18
240	534	Salome Augustus	Doman	female	60-69	Temp	02:19:29