

27km

1	Brendan	Effenaar	male	02:11:19
2	Loyd	Bosman	male	02:16:18
3	Robert	Rorich	male	02:26:49
4	Theunis	Botha	male	02:30:23
5	Oriole	Bolus	male	02:32:14
6	William	Battersby	male	02:32:18
7	VERNON	VISSER	male	02:39:02
8	Shaun	Schofield	male	02:48:06
9	Marc	Wierzba	Male	02:48:08
10	Zach	de Beer	male	02:51:57
11	Jonathan J A	Bell	male	02:54:11
12	Duncan	Rennie	male	02:55:28
13	Werner	Kachelhoffer	male	02:57:28
14	Ryan	Morawski	male	02:58:04
15	Daniel	Cloete	male	03:00:33
16	Elbert	De Kock	male	03:00:47
17	Henri	Knobel	male	03:01:08
18	Greg	McQueen	male	03:04:29
19	Danie	Van Zyl	male	03:05:08
20	Prieur	du Plessis	male	03:07:08
21	Gavin	Gresse	male	03:09:59
22	Charl	De BEER	male	03:10:03
23	Reynard	Van Straaten	male	03:11:19
24	Shaun	Wuth	male	03:14:53
25	Francois	Smit	male	03:16:15
26	Marcel	Rathbone	male	03:16:38
27	Anton	Valks	male	03:17:33
28	Adam	Thomas	male	03:18:14
29	Sarah	Hearn	female	03:19:14
30	Annie	DuPre	female	03:19:48
31	Marie	Ayton	female	03:20:06
32	Zach	de Beer	male	03:20:09
33	Kevin	Gillmer	male	03:20:19
34	Andries	van Rhyn	male	03:21:26
35	Schalk	ALBERTYN	male	03:24:10
36	peter	Voster	male	03:24:42
37	Rodger	Ayton	male	03:25:12
38	nick	woodhead	male	03:25:24
39	Edrees	Sedick	male	03:27:34

40	Ruan	Lingenfelder	male	03:27:39
41	Clarissa	Johnston	female	03:30:11
42	Carina	Barker	female	03:33:12
43	Kyle	van Vuuren	male	03:37:16
44	Devon	van Vuuren	male	03:37:22
45	Gareth	Jacobson	male	03:42:25
46	Shirley	Bosman	female	03:42:47
47	Renscha	van Heerden	female	03:43:11
48	Gideon	Nieuwoudt	male	03:45:00
49	Kobie	Buys	female	03:48:05
50	Christiaan	Buys	male	03:48:05
51	Chandre	Boshoff	female	03:48:56
52	Monica	Taylor	female	03:49:06
53	Martha	Roos	female	03:49:14
54	Deon	Neetling	male	03:50:59
55	Henry	Cockrell	male	03:51:26
56	Gerald	Brown	male	03:51:30
57	Charisse	Hansen	female	03:52:20
58	Duncan	Pringle	male	03:52:36
59	Michael	Fichardt	male	03:52:38
60	Richard	Berry	male	03:52:41
61	Malcolm	Haefner	male	03:53:31
62	Royden	Fisher	male	03:54:01
63	Muzi	Skosana	male	03:54:05
64	Julie	Hunter	female	03:54:22
65	Riaan	Janse van Rensburg	male	03:56:47
66	Jandre	De Beer	male	03:57:17
67	Jana	Bezuidenhout	female	03:58:10
68	Paul	Johnson	male	03:58:33
69	DELON	BARNARD	male	04:01:16
70	matthew	matthee	male	04:02:03
71	elri	agenbag	female	04:02:19
72	Tobie	Reyneke	male	04:07:53
73	Johan	Langenhoven	male	04:07:58
74	Monique	Roberts	female	04:12:26
75	John	Burns	male	04:12:28
76	FREDDIE	LA GRANGE	male	04:13:05
77	Caren	Botha	female	04:14:50
78	Meagan	Geyer	female	04:14:56
79	Stefanie	Hoffman	female	04:15:56

80	Daniele	Toros	male	04:15:57
81	Sarah-Marie	Nothling	female	04:31:15
82	Aretha	Danielsen	female	04:35:11
83	Justine	Sharples	female	04:37:31
84	Maryke	Sass	female	04:37:33
85	Alison	Jordaan	female	04:37:33
86	Thelma	Roberts-B	female	04:38:08
87	Ulene	Visser	female	04:38:11
88	Bernard	Zaayman	male	04:38:12
89	Dwight	Ngeli	male	04:39:24
90	Jacques	Malan	male	04:44:07
91	Louise	Algera	female	04:44:10
92	Stephnie	Honiball	female	04:44:10
93	Eaan	Algera	male	04:44:11
94	Vuyokazi	November	female	04:46:18
95	Nicky	Du Toit	female	05:07:00
96	Alexander Justus	Hugo	male	05:07:03
97	Juliette	Van Besoow	female	05:28:59
98	Anmari	Reynders	female	DQ

15km

1	Mohammad-Zaahir	van der Schyff	male	01:12:16
2	GARREN	ERASMUS	male	01:14:08
3	Anton	Chevalier	male	01:19:40
4	Brend	Badenhorst	male	01:21:40
5	ANEL	VAN WYK	female	01:22:32
6	DE WET	WESTRAADT	male	01:22:49
7	DAMON	KRUGER	male	01:26:10
8	Craig	Jeffries	male	01:26:43
9	Stephanus	Lombard	male	01:27:29
10	Chris	Green	male	01:28:59
11	Evan	Jones	male	01:30:57
12	Annatjie	Botes	female	01:32:36
13	Christopher	Morkel	male	01:33:30
14	Liam	Stander	male	01:34:50
15	Merwe Gerhard	Erasmus	male	01:37:38
16	Anna-Mart	Rabie	female	01:37:40
17	Clinton	Hill	male	01:38:57
18	Wicus	du Plessis	male	01:41:06
19	Braden	Murphy	male	01:41:47
20	Lézil	Jacobs	female	01:43:19

21	Ryan	Theron	male	01:43:23
22	Cornel	Stander	female	01:43:53
23	Niel	Liebenberg	male	01:44:39
24	Neville	Lodewyks	male	01:45:36
25	Molene	Scheepers	female	01:46:02
26	Anja	Gregori	female	01:50:55
27	Megan	Mitchell	female	01:51:07
28	Kendon	Sharp	male	01:51:57
29	John	Alexander	male	01:51:59
30	Talita	Coetzee	female	01:52:04
31	Leo	Erlank	male	01:52:25
32	Robert	Steinmetz	male	01:52:43
33	Lauren	Newcombe	female	01:52:47
34	Lyndal	Beach	female	01:53:11
35	Adriaan	Botha	male	01:53:13
36	Ricky	Reynolds	male	01:53:27
37	Mary	Wuth	female	01:53:29
38	Stephen	Brown	male	01:53:45
39	David	Underwood	male	01:53:52
40	Nina	Loftus	female	01:53:57
41	Juanita	Olivier	female	01:56:07
42	Miles	Murray	male	01:56:43
43	Liezl	Ferreira	female	01:57:21
44	Izette	Mostert	female	01:57:24
45	mike	vincent	male	01:57:52
46	Jacques	Le Roux	male	01:57:55
47	Toekie	Steenkamp	female	01:58:42
48	Manie	Steenkamp	male	01:58:46
49	Annette	Conradie	female	01:59:01
50	Marieta	Massyn	female	01:59:05
51	Annelie	Gregory	female	02:01:00
52	johan	olivier	male	02:01:30
53	Raoul	Scholtz	male	02:01:33
54	christelle	Olivier	female	02:01:36
55	John	Vermeulen	male	02:01:46
56	Michelle	Koblischke	female	02:01:48
57	Andries	Pelser	male	02:02:21
58	sunette	Coetzee	female	02:02:28
59	Archer	Dames	male	02:02:33
60	Veronica	Rorich	female	02:03:37

61	Michelle	Rorich	female	02:03:45
62	Beatrix	Wells	female	02:03:49
63	Leonie	Potgieter	female	02:03:56
64	Rita	Dreyer	female	02:06:14
65	Anine	Claasen	female	02:06:20
66	Frank	Bekkens	male	02:06:27
67	Bryce	Taverner	male	02:06:32
68	Chris	van Wyk	male	02:06:51
69	Elsa	Terblanche	female	02:07:58
70	Leslie	Langeler	male	02:08:14
71	Linda	Calore	female	02:08:27
72	Esme-Marie	Louw	female	02:09:49
73	Peter	Hill	male	02:09:52
74	Yolande	Badenhorst	female	02:09:57
75	Melissa	Phillips	female	02:10:00
76	Henriette	van Niekerk	female	02:10:50
77	Lutherus	van Niekerk	male	02:10:51
78	louis	du toit	male	02:11:56
79	samantha	du toit	female	02:11:58
80	Natasha	Cohen	female	02:12:35
81	Darren	Fox	male	02:12:51
82	Rianette	Van der Linde	female	02:13:56
83	Naomi	Harmse	female	02:13:57
84	Pamela	Clarke	female	02:14:00
85	Monique	Nel	female	02:14:01
86	Bryony	van Niekerk	female	02:15:20
87	Petrus	van Niekerk	male	02:15:23
88	Mandy	Mitchell	female	02:16:08
89	Graham	Mitchell	male	02:16:09
90	Elize	Claassens	female	02:16:23
91	Monique	Jordaan	female	02:18:48
92	Mariet	Horn	female	02:19:29
93	deidre	kuhn	female	02:20:14
94	Trudie	Cremer	female	02:20:18
95	Elizka	Hendrikse	female	02:20:19
96	Hilton	Ehrenreich	male	02:20:21
97	Leon	Visser	male	02:20:23
98	Sophia	Louw	female	02:20:24
99	Ricky	Portway	female	02:22:30
100	Samantha	Trietsch	female	02:22:33

101	Lisa	Roets	female	02:22:35
102	Michelle	Taylor	female	02:23:18
103	Ric	Marini	male	02:23:30
104	Cornelia	Fick	female	02:23:35
105	Mark	Edworthy	male	02:25:37
106	Alfreda	Jacobs	female	02:26:17
107	Marizanne	Lombard	female	02:27:20
108	Mirjam	Elsinger	female	02:28:43
109	jonathan	odendaal	male	02:28:48
110	Maroshell	Odendaal	female	02:28:50
111	Lauren	Wright	female	02:29:57
112	Olwen	Swart	female	02:31:38
113	Christopher	Schnehage	male	02:35:07
114	leon	mostert	male	02:35:53
115	Guin	Bell	female	02:36:28
116	Chante	Botha	female	02:36:41
117	Pieter	Botha	male	02:36:42
118	Austin	Kelsey	male	02:36:53
119	Rita	van Wyk	female	02:36:56
120	Santie	Kelsey	female	02:36:58
121	Thia	Landsberg	female	02:38:34
122	Beatrice	Zandberg	female	02:38:37
123	Hayley	Elsom	female	02:38:48
124	Laura	Berry	female	02:39:08
125	Shelley	Greyvenstein	female	02:39:14
126	Colleen	Hulley	female	02:39:14
127	Nicole	Visser	female	02:39:48
128	Wayne	Arguile	male	02:40:15
129	Margaux	Eyers	female	02:41:28
130	ANNELIZE	GELDENHUYS	female	02:43:47
131	Surita	Smit	female	02:43:54
132	Erika	Marx	female	02:43:57
133	Ruth	Scholtz	female	02:44:28
134	Eddie	Mouton	male	02:44:32
135	Diane	Cresswell	female	DQ
136	marcel	Goslett	male	DQ
137	Rudo	Factor	male	DQ
138	Shani	dreyer	male	DQ
139	Nadine	Engelbrecht	male	DQ
140	Maryke	Engelbrecht	female	DQ

141	Morten	Breytenbach	female	DQ
142	Godfrey	Bredahl	female	DQ
143	kevin	Bredahl	male	DQ
9km				
1	Cherise	Sims	female	00:43:04
2	Vincent	Engelbrecht	male	00:45:20
3	Ezekiel Denovan	Potgieter	male	00:47:08
4	Marvin	Scharnick	male	00:48:09
5	AMBER	RAYNERS	female	00:48:39
6	Morne	Van Der Berg	male	00:48:50
7	Janeno	Schoeman	male	00:49:33
8	Junade Canville	Alexander	male	00:51:22
9	Tanya	Posthumus-Fox	female	00:53:52
10	EMIëL	ERASMUS	male	00:53:58
11	ashraf	orrie	male	00:55:58
12	Shabeer	Ebrahim	male	00:57:33
13	Donovan	Fick	male	00:58:33
14	Nazmie	Burch	male	00:58:42
15	Joshua	Wigley-Cole	male	00:58:58
16	Alexi	Carreira	male	00:59:24
17	Juandre	Witbooi	male	01:00:44
18	Anthony	Parker	male	01:01:15
19	Jonathan	Verster	male	01:01:28
20	Fadl	Salie	male	01:01:57
21	Kim	Whitmore	female	01:03:12
22	Gareth	Hadden	male	01:03:40
23	Barry	de Kock	male	01:04:03
24	RYAN	DE KOCK	male	01:04:04
25	Ursula	Markotter	female	01:04:41
26	Rudolf	Weder	male	01:04:45
27	emile	LUDICK	male	01:05:51
28	Nikki	Crous	female	01:06:16
29	andrew	reynolds	male	01:06:18
30	Wikus	van Niekerk	male	01:06:30
31	Tertius	van der Merwe	male	01:07:33
32	Schalk	Smit	male	01:07:47
33	Angelique	Smit	female	01:07:48
34	Adelle	Brits	female	01:08:49
35	Elna	Schwartz	female	01:08:51
36	siraaj	slamang	male	01:09:03

37	roldah	orrie	female	01:09:15
38	Natassia	Fredericks	female	01:09:56
39	Arthur	Field	male	01:10:07
40	Waleed	Samsodien	male	01:10:12
41	Elzette	Roelofse	female	01:10:18
42	Derek	Anderson	male	01:10:44
43	mohammad-zaahir	van der schyff	male	01:11:29
44	Siraj	Salie	male	01:11:34
45	Rayyan	Arnold	male	01:12:08
46	kobus	van rensburg	male	01:13:48
47	Adrienne	Eley	female	01:13:53
48	Sally	Anderson	female	01:14:32
49	Mariette	Ferreira	female	01:15:52
50	Ànita	Schoonraad	female	01:15:52
51	Angela	Vallentine	female	01:15:52
52	CRAIG	DELPOR	male	01:15:56
53	Jan	Rost	male	01:16:00
54	Gerda	McLachlan	female	01:16:34
55	Izel	Rost	female	01:17:25
56	Melissa	Lucas	female	01:17:58
57	Neil	Cotton	male	01:19:13
58	ebrahim	jacobs	male	01:20:25
59	LINDA	BRASH	female	01:20:28
60	Mariza	van der Merwe	female	01:20:41
61	Mille	Ferreira	female	01:22:45
62	Reni	Le Roux	female	01:22:59
63	Monique	van Wyk	female	01:23:02
64	Cornelia	Giliomee	female	01:24:15
65	Linda	Smit	female	01:24:37
66	Alain	vd Wath	female	01:24:40
67	Shaun	Scheepers	male	01:24:50
68	Margot	Cahi	female	01:25:10
69	Mark	Smith	male	01:25:14
70	David	Morgan-Smith	male	01:25:25
71	Andre	Treurnich	male	01:25:42
72	Liesl	Enslin	female	01:25:50
73	Lindie	Kilian	female	01:26:28
74	GERALDINE	LOFTIE-EATON	female	01:27:21
75	Dolf	Groenewald	male	01:27:24
76	Max	Passaportis	male	01:28:01

77	lauren paige	jakins	female	01:28:11
78	Boikhutso	Makokwe	female	01:30:34
79	Nicola	Davidson	female	01:30:36
80	Lizelle	Janse van Rensburg	female	01:33:15
81	Adrienne	May	female	01:34:09
82	Anel	Muller	female	01:34:13
83	Raashika	Tayob	female	01:35:26
84	Moegsien	Ebrahim	male	01:37:11
85	Nazeema	Daniels	female	01:37:12
86	Dalene	Botha	female	01:39:01
87	GINO	GOTTARDO	male	01:41:24
88	MONIQUE	SCHUTTE	female	01:41:25
89	mARQUERITE	SCHUTTE	female	01:41:28
90	NATELLE	GOOSEN	female	01:41:33
91	FRANS	SCHUTTE	male	01:41:35
92	Rigardt	Maartens	male	01:43:28
93	Liza	Maartens	female	01:43:31
94	Michelle	Cupido	female	01:43:49
95	David	Wright	male	01:45:59
96	SRIKANTH	KARUMURI	male	01:46:55
97	Michelle	Williams	female	01:46:58
98	Michele	Bekkens	female	02:00:37
99	Angela	Fox	female	02:00:47
100	Gail	Treurnich	female	02:05:10
101	ADELE	JORDAAN	female	02:05:14
102	johannes	wagener	male	02:15:37
103	Teresa	Morris	female	02:15:39
104	Lans	Pepler	male	02:15:42
105	Petro	Miller	female	02:15:44
106	corne	rossouw	female	02:17:05
107	lindes	van schoor	male	02:17:11
108	mareza	van rensburg	female	DQ
109	Angela	le Roux	female	DQ
110	Morgan	Stuurman	female	DQ